

# School Meals

We serve education every day™

## San Angelo ISD Elementary Breakfast and Lunch Menu



February  
2010

Menus can be seen at any of the following locations:  
Elementary Cafeterias  
[www.saisd.org](http://www.saisd.org)  
Cable Channel 4  
KLST Morning Show

CATCH



**Hearty Heart  
&  
Risk Factors**

Bad  
Weather  
Day



Presidents' Day

### BREAKFAST PRICES

Student \$1.10  
Reduced \$0.30  
Adult \$1.70



### LUNCH PRICES

Elementary \$2.00  
Reduced \$0.40  
Additional Milk \$0.50  
Visitor \$2.90



MENU IS SUBJECT TO  
CHANGE WITHOUT NOTICE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>1 Breakfast</b> Toast w/ Jelly, Oatmeal Orange Juice, Milk  <b>Lunch</b> Chicken Nuggets or Beef & Cheese Macaroni Mashed Potatoes w/ Gravy Broccoli, Hot Roll Pineapple, Milk	<b>2 Breakfast</b> Biscuit w/ Gravy, Sausage Apple Juice, Milk  <b>Lunch</b> Grilled Cheese Sandwich or Peanut Butter & Jelly Sandwich Celery Sticks w/ Dip Chicken Noodle Soup Apple Wedges, Milk	<b>3 Breakfast</b> Pancakes w/ Syrup Orange Juice, Milk  <b>Lunch</b> Chicken Fajitas or Beef Nachos Pinto Beans Tossed Salad Cornbread, Milk	<b>4 Breakfast</b> Breakfast Burrito Apple Juice, Milk  <b>Lunch</b> Chicken Patty or Chicken Tetrazzini English Peas, Hot Roll Pears, Milk	<b>5 Breakfast</b> Cinnamon Roll Orange Juice, Milk  <b>Lunch</b> Chili Dog/Hot Dog or Turkey Deli Sandwich Tator Tots Sliced Peaches, Milk
<b>8 Breakfast</b> Cinnamon Toast, Cereal Orange Juice, Milk  <b>Lunch</b> Salisbury Steak w/Brown Gravy or Spaghetti w/ Meat Sauce Corn, Tossed Salad Hot Roll, Applesauce, Milk	<b>9 Breakfast</b> Biscuit, Sausage Patty Apple Juice, Milk  <b>Lunch</b> Grilled Cheese Sandwich or Peanut Butter & Jelly Sandwich Cowboy Stew, Pears Chocolate Cake, Milk	<b>10 Breakfast</b> Breakfast Pizza Orange Juice, Milk  <b>Lunch</b> Quesadillas or Beef Nachos Ranch Style Beans Tossed Salad Fruit Salad, Milk	<b>11 Breakfast</b> Pancake on a Stick Apple Juice, Milk  <b>Lunch</b> Pizza or Lasagna California Vegetables Garlic Roll Strawberries, Milk	<b>12 Breakfast</b> Muffin, Cereal Orange Juice, Milk  <b>Lunch</b> Cheeseburger or Hamburger, Oven Fries Hamburger Salad Oatmeal Bar, Milk
<b>15</b>  <b>Bad Weather Day</b>  <b>Presidents' Day</b>	<b>16 Breakfast</b> Sausage Roll Apple Juice, Milk  <b>Lunch</b> Steak Fingers or Oven-Fried Chicken Corn on the Cob Mashed Potatoes, Cream Gravy Spice Cake, Milk	<b>17 Breakfast</b> Cinnamon Roll Orange Juice, Milk  <b>Lunch</b> Taco Burger or Beef Nachos Pinto Beans, Cornbread Mixed Fruit, Milk	<b>18 Breakfast</b> Toast w/ Jelly, Cereal Apple Juice, Milk  <b>Lunch</b> Chicken Nuggets or Salisbury Steak Mashed Potatoes w/ Brown Gravy Broccoli, Hot Roll Apple Wedges, Milk	<b>19 Breakfast</b> Biscuit, Sausage Patty Orange Juice, Milk  <b>Lunch</b> Chili Dog/ Hot Dog or Turkey Deli Sandwich Ranch Style Beans, Tator Tots Peanut Butter Cookie, Milk
<b>22 Breakfast</b> Breakfast Pizza Orange Juice, Milk  <b>Lunch</b> Pizza or Spaghetti w/ Meat Sauce English Peas, Garlic Roll Fresh Orange, Milk	<b>23 Breakfast</b> Biscuit, Sausage Patty Apple Juice, Milk  <b>Lunch</b> Corn dog or Sloppy Joe on Bun Baby Carrots w/ Dip Applesauce Sugar Cookie, Milk	<b>24 Breakfast</b> Orange Danish Roll Orange Juice, Milk  <b>Lunch</b> Frito Pie or Cheese Enchiladas Refried Beans, Cornbread Fruited Gelatin, Milk	<b>25 Breakfast</b> Toast, Scrambled Eggs Apple Juice, Milk  <b>Lunch</b> Chicken Fried Steak or Chicken Pot Pie Mashed Potatoes, Green Beans Hot Roll, Strawberries, Milk	<b>26 Breakfast</b> Breakfast Bar, Cereal Orange Juice, Milk  <b>Lunch</b> Cheeseburger or Hamburger, Oven Fries Hamburger Salad Cinnamon Apples, Milk

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