

# School Meals

We serve education every day™

## San Angelo ISD Secondary Breakfast and Lunch Menu



February  
2012

### \*Other Daily Entrée Choices\*

Hamburger  
Cheeseburger  
Pizza  
Chicken Nuggets

### Available Daily at Lunch

Tossed Salad  
(w/Low Fat Ranch Dressing)

### Lunch Beverage Choices

1% White Milk  
Nonfat Chocolate Milk  
Nonfat Strawberry Milk  
Iced Tea



### BREAKFAST PRICES

Student \$1.25  
Student \$0.30  
Adult A La Carte

### LUNCH PRICES

Students \$2.35  
Reduced \$0.40  
Additional Milk \$0.50  
Adult \$3.25



### CATCH



Hearty Heart  
&  
Risk Factors

MENU IS SUBJECT TO  
CHANGE WITHOUT NOTICE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 <b>Breakfast</b> Breakfast Pizza Orange Juice, Milk	2 <b>Breakfast</b> Pancake on a Stick Apple Juice, Milk	3 <b>Breakfast</b> Breakfast Roll Grape Juice, Milk
		<b>Lunch</b> Beef Nachos, Chicken Fajitas, or *Other, Pinto Beans, Mashed Potatoes w/ Gravy, Corn Bread, Mixed Fruit	<b>Lunch</b> Chicken Patty, Chicken Tetrazzini, or *Other, English Peas & Carrots, Mashed Potatoes w/ Gravy, Hot Roll, Pineapple	<b>Lunch</b> Chili Dog/Hot Dog, Frito Pie, or *Other, Tator Tots, Broccoli w/Dip, Sliced Peaches
6 <b>Breakfast</b> Hot Pocket, Orange Juice, Milk	7 <b>Breakfast</b> Sausage Roll Apple Juice, Milk	8 <b>Breakfast</b> Biscuit w/Gravy, Sausage Patty, Orange Juice, Milk	9 <b>Breakfast</b> Pancake on a Stick Apple Juice, Milk	10 <b>Breakfast</b> Toast w/Jelly, Cereal, Grape Juice, Milk
<b>Lunch</b> Spaghetti w/ Meat Sauce, Frito Pie, or *Other, Mashed Potatoes w/ Gravy, Corn, Hot Roll, Applesauce	<b>Lunch</b> Steak Fingers, Chicken Spaghetti, or *Other, Green Beans, Hot Roll, Sweet Potato Fries, Pears	<b>Lunch</b> Beef Nachos, Frito Pie, or *Other, Ranch Style Beans, Mashed Potatoes w/ Gravy, Fruit Salad	<b>Lunch</b> Lasagna or *Other, California Vegetables, Mashed Potatoes w/ Gravy, Garlic Roll, Orange Halves	<b>Lunch</b> Burrito Supreme, Frito Pie, or *Other, Tater Tots, Peaches
13 <b>Breakfast</b> Scrambled Eggs, Toast w/ Jelly, Orange Juice, Milk	14 <b>Breakfast</b> Sausage Roll Apple Juice, Milk	15 <b>Breakfast</b> Breakfast Pizza, Orange Juice, Milk	16 <b>Breakfast</b> Pancake on a Stick Apple Juice, Milk	17 <b>Breakfast</b> Breakfast Roll Grape Juice, Milk
<b>Lunch</b> Corn Dog, Fish Sticks, or *Other, Green Beans, Mashed Potatoes w/ Gravy, Macaroni & Cheese, Peaches,	<b>Lunch</b> Grilled Cheese Sandwich or *Other, Beef Vegetable Soup, Mashed Potatoes w/ Gravy, Pears, Chocolate Cake	<b>Lunch</b> Beef Nachos, Frito Pie, or *Other, Pinto Beans, Mashed Potatoes w/ Gravy, Mixed Fruit	<b>Lunch</b> Salisbury Steak, Frito Pie, or *Other, Mashed Potatoes w/Gravy, Broccoli, Hot Roll, Apple Wedges	<b>Lunch</b> Chili Dog/Hot Dog, Frito Pie, or *Other, Ranch Style Beans, Tater Tots, Pineapple
20	21 <b>Breakfast</b> Sausage Roll Apple Juice, Milk	22 <b>Breakfast</b> Biscuit w/Gravy, Sausage Patty, Orange Juice, Milk	23 <b>Breakfast</b> Pancake on a Stick Apple Juice, Milk	24 <b>Breakfast</b> Scrambled Eggs, Mini Pancakes, Grape Juice, Milk
	<b>Lunch</b> Corn Dog, Sloppy Joe on Bun, or *Other, Baby Carrots w/ Dip, Mashed Potatoes w/ Gravy, Applesauce	<b>Lunch</b> Cheese Enchiladas, Frito Pie, or *Other, Mashed Potatoes w/ Gravy, Refried Beans, Peaches	<b>Lunch</b> Chicken Fried Steak, Chicken Pot Pie, or *Other, Mashed Potatoes w/ Gravy, Green Beans, Hot Roll, Pears	<b>Lunch</b> Burrito Supreme, Frito Pie, or *Other, Corn, Tater Tots, Apple Crisp
	27 <b>Breakfast</b> Toast w/Jelly, Cereal, Orange Juice, Milk	28 <b>Breakfast</b> Sausage Roll Apple Juice, Milk	29 <b>Breakfast</b> Breakfast Pizza Orange Juice, Milk	<div style="background-color: #007bff; color: white; padding: 10px; text-align: center;"> <p><b>PREPAY FOR SCHOOL MEALS</b> <b>CHECK ACCOUNT BALANCES</b> <b>VIEW PURCHASE HISTORY</b> <b>800-961-6129</b> <a href="http://www.MyPaymentsPlus.com" style="color: white;">www.MyPaymentsPlus.com</a></p> </div>
<b>Lunch</b> Beef & Cheese Macaroni, Frito Pie, or *Other, Green Beans, Mashed Potatoes w/ Gravy, Hot Roll, Apricots	<b>Lunch</b> Hot Ham & Cheese Sandwich, Frito Pie, or *Other, Mashed Potatoes w/ Gravy, Vegetable Soup, Apple Wedges	<b>Lunch</b> Beef Nachos, Chicken Fajitas, or *Other, Pinto Beans, Mashed Potatoes w/ Gravy, Corn Bread, Mixed Fruit		

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