

# JUNE 2018

## Summer Meal Program

**BREAKFAST**

**LUNCH**

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



*"Laughter is brighter  
where food is best"*  
~ Irish Proverb

4  
Cereal Bowl  
Cereal Pouch  
Orange Tangerine Juice  
-----  
Corn Dog  
Carrots & Broccoli w/dressing  
Peaches  
Ketchup/Mustard

11  
Cereal Bowl  
Cereal Pouch  
Orange Tangerine Juice  
-----  
Cheese Pizza  
Tossed Salad w/dressing  
Corn  
Orange

18  
Cereal Bowl  
Cereal Pouch  
Orange Tangerine Juice  
-----  
Corn Dog  
Carrots & Broccoli  
w/dressing  
Peaches  
Ketchup/Mustard

25  
Cereal Bowl  
Cereal Pouch  
Orange Tangerine Juice  
-----  
Cheese Pizza  
Tossed Salad w/Ranch  
Dressing  
Corn  
Orange

5  
Sausage Roll  
Apple Juice  
-----  
Nacho Supreme  
Pinto Beans  
Tossed Salad w/dressing  
Pineapple  
Picante Sauce

12  
Pancake On a Stick  
Apple Juice  
-----  
Spaghetti w/Sauce  
California Vegetables  
Green Beans  
Pears

19  
Sausage Roll  
Apple Juice  
-----  
Nacho Supreme  
Pinto Beans  
Tossed Salad w/dressing  
Pineapple  
Picante Sauce

26  
Pancake On a Stick  
Apple Juice  
-----  
Spaghetti w/Sauce  
California Vegetables  
Green Beans  
Pears

30  
Cereal Bowl  
Cereal Pouch  
Orange Tangerine Juice  
-----  
Cheese Pizza  
Tossed Salad w/Ranch  
Dressing  
Corn  
Orange

6  
Chicken Slider  
Orange Tangerine Juice  
-----  
Chicken Nuggets  
Mashed Potatoes  
Cream Gravy  
Wheat Roll  
Green Beans  
Ketchup

13  
Sausage Slider  
Orange Tangerine Juice  
-----  
Hot Dog  
Tator Tots  
Baby Carrots w/Ranch  
Dressing  
Chocolate Cake  
Ketchup/Mustard

20  
Chicken Slider  
Orange Tangerine Juice  
-----  
Chicken Nuggets  
Mashed Potatoes  
Cream Gravy  
Wheat Roll  
Green Beans  
Ketchup

27  
Sausage Slider  
Orange Tangerine Juice  
-----  
Hot Dog  
Tator Tots  
Baby Carrots w/dressing  
Chocolate Cake  
Ketchup/Mustard

31  
Sausage Roll  
Apple Juice  
-----  
Cheeseburger  
Oven Fries  
Strawberry Cup  
Orange Medley Juice  
Ketchup/Mustard

7  
Pancake On a Stick  
Apple Juice  
-----  
Cheeseburger  
Tator Tots  
Flavored Applesauce  
Orange Medley Juice  
Oatmeal Cookie  
Ketchup/Mustard

14  
Sausage Roll  
Apple Juice  
-----  
Cheeseburger  
Oven Fries  
Strawberry Cup  
Orange Medley Juice  
Ketchup/Mustard

21  
Pancake On a Stick  
Apple Juice  
-----  
Cheeseburger  
Tator Tots  
Flavored Applesauce  
Orange Medley Juice  
Oatmeal Cookie  
Ketchup/Mustard

28  
Sausage Roll  
Apple Juice  
-----  
Cheeseburger  
Oven Fries  
Strawberry Cup  
Orange Medley Juice  
Ketchup/Mustard

1  
Pancake On a Stick  
Apple Juice  
-----  
Spaghetti w/Sauce  
California Vegetables  
Green Beans  
Pears

8  
Cinnamon Bun  
Orange Tangerine Juice  
-----  
Hot Ham & Cheese Sandw.  
Cucumber Slices  
w/dressing  
Strawberry Cup  
Goldfish Crackers  
Mustard

15  
Cinnamon Bun  
Orange Tangerine Juice  
-----  
Hot Ham & Cheese Sandw.  
Cucumber Slices w/dressing  
Fresh Apple  
Nacho Chips

22  
Cinnamon Bun  
Orange Tangerine Juice  
-----  
Hot Ham & Cheese Sandw.  
Cucumber Slices  
w/dressing  
Strawberry Cup  
Goldfish Crackers  
Mustard

29  
Cinnamon Bun  
Orange Tangerine Juice  
-----  
Hot Ham & Cheese Sandw.  
Cucumber Slices  
w/dressing  
Fresh Apple  
Nacho Chips

**Milk Served Daily**

1% White Milk and Fat Free  
Chocolate are available at both  
breakfast and lunch daily.

**Chocolate Covered  
Banana Pops**

**A Recipe by Ellie Krieger  
Serves 8**

**INGREDIENTS**

- 4 medium ripe bananas
- 8 wooden craft sticks
- 3 tablespoons of finely chopped, lightly salted peanuts
- 6 ounces of dark chocolate

**INSTRUCTIONS**

1. Peel, then cut each banana in half, insert a craft stick in each half.
2. Place on a tray, cover with plastic wrap & place in freezer until frozen (3 hours).
3. Place peanuts in a shallow dish or on a plate.
4. Melt chocolate in a pan over slightly simmering water, with lowest heat possible.
5. Pour melted chocolate in a tall glass.
6. Dip frozen banana in chocolate and immediately roll in the peanuts
7. Place on a tray and serve.

**NUTRITION**

Calories: 179    Fat: 11g  
Sodium: 15mg    Protein: 3g  
Sugar: 15g    Cholesterol 0g

Find this recipe at:  
<http://foodnetwork.com>

**Menus are subject to  
change without notice.**

**This institution is an equal  
opportunity provider.**