



# ELEMENTARY BREAKFAST

October 2022

Mon	Tues	Wed	Thurs	Fri
3 Cereal Fruit of the Day	4 Chocolate Muffin Top Fruit of the Day	5 Pancake on a Stick Fruit of the Day	6 Mini-Maple Waffles Fruit of the Day	7  <b>STUDENT HOLIDAY</b>
10  <b>HOLIDAY</b>	11 Sausage Roll Fruit of the Day	12 Breakfast Pizza Fruit of the Day	13 Apple Frudel Fruit of the Day	14 Chicken Slider Fruit of the Day
17 Cereal Fruit of the Day	18 Cherry Muffin Fruit of the Day	19 Pancake on a Stick Fruit of the Day	20 Mini-Blueberry Waffles Fruit of the Day	21 Strawberry PopTart Fruit of the Day
24 Cereal Fruit of the Day	25 Strawberry-Banana Yogurt Fruit of the Day	26 Blueberry PopTart Fruit of the Day	27 Blueberry Muffin Fruit of the Day	28 Chicken Slider Fruit of the Day
31 Cereal Fruit of the Day			<b>Menus Are Subject to Change</b>	



**BREAKFAST  
FUELS  
YOUR  
day**

Our breakfast meals include whole grains, dairy, and fruit options for a balanced start to your day!

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Meal Benefits  
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All breakfast meals also include a choice of 1% White, or Fat Free Chocolate Milk.

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