

NEED TO TALK?



In-person Sessions and Video Teleconferencing Services Now Available!

Available to all military branches

Child and Youth Behavioral Military & Family Life Counselors (CYB-MFLCs) support the military connected student, military family and educators now more than ever! In response to the COVID-19 pandemic, the CYB-MFLCs are available face to face and or by video telehealth thus meeting client needs of the total force! CYB-MFLCS can be found embedded within San Angelo ISD campuses and the Goodfellow Child & Youth Programs. Services are open to all Service Members, spouses, children and staff supporting military connected students to address:

- » Deployment and reintegration issues
- » Marriage and relationship issues
- » Parenting and family issues
- » Communication challenges
- » Stress and anxiety
- » Sadness, grief and loss
- » Daily life issues



Helping You Is Our Priority

Consultations and trainings are **free** and **anonymous*** No records are kept. The MFLC Program is intended for all Services, Guard and Reserve components.

To schedule a parent or educator training with the CYB-MFLCs please call the Goodfellow School Liaison: Theresa Goodwin at (325) 654-3241

Scheduling an appointment is easy!

Please leave a message and you will contact be contacted within 1 business day

CYB-MFLCs can work with ANY military affiliated child! To support your school aged student, regardless of educational platform, please contact any of the CYB-MFLCs below.

Jerrica Escobedo, LPC (CYP)
Phone: (325) 232-9992

Maria Robbins, LPC (Glenmore)
Phone: (325) 450-8170

Teresa McCourt, LPC (Belaire)
Phone: (325) 500-5821

Serina Torres, LPC (Glenn Middle and Central High School)
Phone: (325) 812-7622

MFLC
Military & Family Life Counseling Program



SAN ANGELO ISD



Child and Youth Programs
Air Force Services

(UPDATED: 10/2020)

* Exceptions to confidentiality include duty-to-warn cases, such as child abuse/neglect, domestic violence, harm to self or others or present/future illegal activity.

MEMORANDUM:

FROM: _____
[Insert name of installation, school, camp, facility]

SUBJECT: Child and Youth Behavioral Military & Family Life Counselor

1. This letter is to inform you about the Child and Youth Behavioral Military and Family Life Counseling (CYB-MFLC) program services. Due to the unique challenges faced by military families, the Department of Defense is offering this private and confidential non-medical counseling service to military service members, military families, and military family service member's children in Child and Youth Programs, Department of Defense Education Activity schools, Local Education Agencies, DoDEA CYP summer programs, National Military Family Association Operation Purple Camps, Guard/Reserve camps, and Operation Military Kids Camps.
2. The CYB-MFLC counselors may support the centers, schools, summer programs and camps and work with military children and their families in the following ways:
 - Observe, participate and engage in activities with children and youth.
 - Provide direct interaction with military children.
 - Model behavioral techniques and provide feedback.
 - Suggest courses of age appropriate behavioral interventions to enhance coping and behavioral skills.
 - Provide outreach to military parents when they are available such as when they drop off or pick up their children or at family events.
 - Be available for military parents to contact for guidance and support.
 - Facilitate psycho-educational groups.
 - Conduct training for staff and parents.
 - Recommend referrals to military family programs and other resources as needed.
3. The counselor may assist military parents, military children and centers with the following type of issues:
 - Communication
 - Self-esteem/self-confidence
 - Resolving conflicts
 - Behavioral management techniques
 - Bullying
 - Helping children deal with angry feelings
 - Sibling/parental relationships
 - Deployment and reintegration issues
4. The counselor may also work with military children in settings such as field trips and other center, camp, or school sponsored activities.

5. The counselor is available to accommodate appointments and meetings/activities after hours and on weekends with advance notice.
6. At no time will the counselor meet individually with a child without being in line of sight of a CYP, DoDEA, LEA, or camp employee or a parent/guardian.
7. The counselor may use only OSD approved materials for trainings, groups, and any other activities.
8. **With the exception of mandatory state, federal, and military reporting requirements (i.e., domestic violence, child abuse, and duty-to-warn situations), as well as oversight review by DoD of the service you received should an adverse or harmful event occur, MFLC support is private and confidential to encourage the greatest level of participation.**

Print Name of Child: _____

Select only one check box below:

I understand the above CYB-MFLC program description and authorize my child to participate in CYB-MFLC services. This authorization is valid for the duration of my child's enrollment. I understand I can revoke this authorization at any time in writing.

I do not authorize my child to participate in CYB-MFLC services.

PARENT OR GUARDIAN SIGNATURE

DATE