

ELEMENTARY LUNCH

October
2022
CELEBRATE



"Get Your Day in Gear with School Lunch"

October 10th-14th is National School Lunch week. We will be celebrating with students by offering foods & facts from different regions of the world!

Follow us on our nutrition adventure as we explore:

Italy (10/11)
Asia (10/12)
Mexico (10/13)
Canada (10/14)

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Mon	Tues	Wed	Thurs	Fri
Pulled Pork Potato 3 Cheeseburger Dinner Roll Sandwich Salad Jalapeno Pinto Beans Smiley Potatoes Fruit of the Day	Breaded Drumstick 4 Spaghetti with Meatballs Garlic Bread Diced Carrots Mashed Potatoes Fruit of the Day	Nacho Supreme 5 Bean & Cheese Burrito Spanish Rice Fiesta Salad California Vegetables Fruit of the Day	Orange Chicken 6 Teriyaki Dippers Rice Strawberry Field Salad Baby Carrots Peas Fruit of the Day	 STUDENT HOLIDAY
 HOLIDAY	Pizza 11 Chicken Spaghetti Garlic Bread Sweet Potato Fries California Vegetables Fruit of the Day 	Orange Chicken 12 Beef Noodle Bowl Grahams Strawberry Field Salad Antigua Vegetables Fruit of the Day 	Nachos vs. Tachos Day 13 Nacho Supreme Tachos Spanish Rice Honey Roasted Carrots Banana Brownies  Fruit of the Day	Beef Poutine 14 Fish & Chips Dinner Roll Baked Beans Corn Fruit of the Day 
Pulled Pork Sandwich 17 Chicken Fried Steak Sandwich Sandwich Salad Jalapeno Pinto Beans Seasoned Wedge Fries Fruit of the Day	Cheese Pocket Bites 18 Pepperoni Pizza Diced Carrots Monterrey Vegetables Fruit of the Day	Bean & Cheese Burrito 19 Nacho Supreme Spanish Rice Fiesta Salad Peas & Carrots Fruit of the Day	Orange Chicken 20 Teriyaki Dippers Rice Baby Carrots English Peas Fruit of the Day	Cheese Pizza 21 Chicken Nuggets Dinner Roll Broccoli Mashed Potatoes Fruit of the Day
Chicken Sandwich 24 Cheeseburger Sandwich Salad Ranch Style Beans Sidewinder Fries Fruit of the Day	Corndog 25 Cheese Pizza Sweet Potato Waffle Fries Green Beans Fruit of the Day	Walking Tacos 26 Soft Beef Tacos Spanish Rice Fiesta Salad Refried Beans Fruit of the Day	Sloppy Joe Sliders 27 Chicken Tenders Dinner Roll Strawberry Field Salad Honey Roasted Carrots Fruit of the Day	Grilled Cheese 28 Beef Veggie Soup Cheese Pizza Broccoli Oven Fries Fruit or the Day
Pulled Pork Potato 31 Cheeseburger Sandwich Salad Jalapeno Pinto Beans Smiley Face Potatoes Fruit of the Day	 	 	Menus Are Subject to Change	

All lunch meals also include a choice of 1% White, Fat Free Chocolate, or Fat Free Strawberry Milk.

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